The Resiliency of the unsung COVID warriors

By Chemi Lhamo
Intentions & Motivation

“R”

COVID
Who are the front line workers?
Meet some of the covid warriors:

- BerylAnn Mark
- Kitty Costa
- Ivy Mairi
- Tsering Palmo
What do they do? What are some of the challenges they’ve faced?
Despite the challenges, here’s what they had to say about community and what motivated them.
Learnings and takeaways:

Mutual aid groups can help by sourcing and providing essentials like food, clothing and medicine (Illustration by Leeandra Cianci)
There is no such thing as a single-issue struggle because we do not live single-issue lives.

Audre Lorde

- Intersectionality
- Impact at grassroots level
- Not merely economic- translating and getting services to people
- Empathizing and Appreciating our Personal Support Workers
- Caring for the most vulnerable population
- Resilience
- INTERCONNECTED -Nature of Reality
TO THE UNSUNG COVID WARRIORS,
köszönöm  Dziękuję Ci
THANK YOU  Obrigada
シクキヤ  câm ơn ban
Salamat  Gracias
a parkdalian
Next steps:

Parkdalepeopleseconomy.ca

**Community Health Pathways Project:**  
Strengthen neighbourhood economy by building a workforce planning strategy for equitable and inclusive hiring in the health care sector.

3 phase project:
- mapping the healthcare sector from a place-based lens;
- assessing strategies through focus groups with key stakeholders;
- and building the pathways for piloting inclusive local hiring opportunities in the neighbourhood.

For my work plan and further details contact me: Clhamo@parc.on.ca